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تحفة الأخيار Selected Beneficial Supplications

From the Qur'ân and the Sunnah

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In the Name of Allāh,
the Most Gracious, the Most Merciful.

“Invoke your Lord with humility and
in secret. He likes not the
aggressors.” (7:55)

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in the English language for our brothers and sisters whose native tongue is English.

We ask Allah to accept our humble effort and bless all of those who took part in completing this task. Surely He is the Giver of success and the Answerer of supplications.

Abdul Malik Mujahid
General Manager

Introduction

All praise is due to Allâh. We praise Him, and we seek His help and forgiveness. We seek Allâh's refuge from the evil within ourselves and from our evil actions. Whomever Allâh guides, there is none to misguide him; and whomever Allâh misguides, there is none to guide him. I bear witness that none has the right to be worshipped except Allâh, Alone, without any partners whatsoever; and I bear witness that Muhammad ﷺ is His slave and Messenger. May Allâh shower His Peace and Blessings upon Prophet Muhammad, his family, Companions, and all those who follow them with righteousness till the Day of Judgment.

To proceed

One of the excellent manners one needs to observe and one's tongue needs to repeat is that of frequently remembering Allâh ﷻ, chanting His Praises, reciting His Glorious Book, invoking Allâh's Peace and Blessings upon His Messenger ﷺ, frequently supplicating Him and seeking His help in both worldly and religious matters. This should be accompanied with true faith, sincerity, total submission, and an alert heart with which the supplicant or worshipper remembers Allâh's Greatness, Total Ability and Might, His Absolute Knowledge, and recognizes His right to be worshipped Alone.

There are numerous Qur'ânic Verses and authentic Prophetic traditions on the virtues of the remembrance of Allâh and supplications as well as those on urging the believers to observe them. We cite the following as an example. Allâh ﷻ says:

﴿يَا أَيُّهَا الَّذِينَ ءَامَنُوا اذْكُرُوا اللَّهَ ذِكْرًا كَثِيرًا ۝ وَسَبِّحُوهُ بُكْرَةً وَأَصِيلًا ۝ هُوَ الَّذِي يُصَلِّيْ عَلَيْكُمْ وَمَلَائِكَتُهُ لِيُخْرِجَكُم مِّنَ الظُّلُمَاتِ إِلَى النُّورِ وَكَانَ بِالْمُؤْمِنِينَ رَحِيمًا﴾

[الأحزاب: ٤١-٤٣]

“O you who believe! Remember Allâh with much remembrance. And glorify His Praises morning and afternoon. He it is Who sends *Salat* (His Blessings) on you, as do His angels, that He may bring you out from the depths of darkness into light; and He is Ever Most Merciful to the believers.” (33:41-43)

﴿فَاذْكُرُونِيْ أَذْكُرْكُمْ وَاشْكُرُوا لِيْ وَلَا تَكْفُرُونِ﴾

[البقرة: ١٥٢]

“Therefore remember Me, I will remember you; and be grateful to Me and reject not Faith.” (2:152)

﴿إِنَّ الْمُسْلِمِينَ وَالْمُسْلِمَاتِ وَالْمُؤْمِنِينَ وَالْمُؤْمِنَاتِ وَالْقَنِينَ وَالْقَنَاتِ وَالذَّكِرِينَ اللَّهَ كَثِيرًا وَالذَّكِرَاتِ

أَعَدَّ اللَّهُ لَهُمْ مَّغْفِرَةً وَأَجْرًا عَظِيمًا﴾ [الأحزاب: ٣٥]

“Verily the Muslim men and women, for believing men and women, for devout men and women, for truthful men and women, for men and women who are patient and constant, for men and women who humble themselves, for men and women who give in charity, for men and women who fast [during the month of Ramadhân], for men and women who guard their chastity, and for men and women who engage much in Allâh’s remembrance for them has Allâh prepared forgiveness and a great reward.” (33:35)

﴿إِنَّ فِي خَلْقِ السَّمَكَاتِ وَالْأَرْضِ وَاخْتِلَافِ اللَّيْلِ وَالنَّهَارِ لَآيَاتٍ لِّأُولِي الْأَلْبَابِ ۝ الَّذِينَ يَذْكُرُونَ اللَّهَ قِيَمًا وَقَعُودًا وَعَلَى جُنُوبِهِمْ﴾ [آل عمران: ١٩٠، ١٩١]

“Behold! In the creation of the heavens and the earth, and the alternation of night and day, there are indeed signs for men of understanding. Those who remember Allâh standing, sitting, and lying down on their sides.” (3:190,191)

﴿يَا أَيُّهَا الَّذِينَ ءَامَنُوا إِذَا قُيِّمْتُمْ فِئَةٌ فَاثْبُتُوا وَاذْكُرُوا اللَّهَ كَثِيرًا لَّعَلَّكُمْ تُفْلِحُونَ﴾ [الأنفال: ٤٥]

“O you who believe! When you meet [an enemy] force, take a firm stand against them and remember the Name of Allâh much, so that you may be successful.” (8:45)

﴿فَإِذَا قَضَيْتُمْ مَنَاسِكَكُمْ فَاذْكُرُوا اللَّهَ كَذِكْرِكُمْ
ءَابَاءَكُمْ أَوْ أَشَدَّ ذِكْرًا﴾ [البقرة: ٢٠٠]

“So when you have accomplished your pilgrimage rites, remember Allâh as you remember your forefathers or with a far more remembrance.” (2:200)

﴿يَا أَيُّهَا الَّذِينَ ءَامَنُوا لَا تُلْهِكُمْ أَمْوَالُكُمْ وَلَا أَوْلَادُكُمْ عَنْ
ذِكْرِ اللَّهِ وَمَنْ يَفْعَلْ ذَلِكَ فَأُولَئِكَ هُمُ الْخَاسِرُونَ﴾
[المنافقون: ٩]

“O you who believe! Let not your property or your children divert you from the remembrance of Allâh. If any acts thus, surely they are the losers.” (63:9)

﴿فِي مَبُوتِ أذنَ اللَّهِ أَن تَرْفَعَ وَيَذْكُرَ فِيهَا أَسْمُهُ يُسَبِّحُ لَهُ فِيهَا
بِالْعُدُوِّ وَالْأَصَالِ ۝ رَجَالٌ لَا لُئْلِهِمْ تَحْرَهُ وَلَا بَيْعَ عَنْ ذِكْرِ اللَّهِ وَإِقَامِ
الصَّلَاةِ وَإِيتَاءِ الزَّكَاةِ يَخَافُونَ يَوْمًا تَتَقَلَّبُ فِيهِ الْقُلُوبُ
وَالْأَبْصَارُ﴾ [النور: ٣٦، ٣٧]

“In houses which Allâh has ordered to be raised, to be cleaned, and to be honored, in them His Name is glorified in the mornings and in the evenings (again and again), by men whom neither trade nor sale can divert them from the remembrance of Allâh, nor from regular prayer, nor from paying Zakah; their only fear is for the Day when hearts and eyes will be turned about (i.e., the Day of Judgment).” (24:36,37)

﴿وَاذْكُرْ رَبَّكَ فِي نَفْسِكَ تَضَرُّعًا وَخِيفَةً وَدُونَ الْجَهْرِ مِنَ الْقَوْلِ
بِالْعُدُوِّ وَالْأَصَالِ وَلَا تَكُنْ مِنَ الْغَافِلِينَ﴾ [الأعراف: ٢٠٥]

“And remember your Lord by your tongue and within yourself, humbly and with fear without loudness of words in the mornings and in the afternoons, and be not of those who are neglectful.” (7:205)

﴿فَإِذَا قُضِيَتِ الصَّلَاةُ فَانْتَشِرُوا فِي الْأَرْضِ وَابْتَغُوا مِنْ فَضْلِ اللَّهِ
وَاذْكُرُوا اللَّهَ كَثِيرًا لَّعَلَّكُمْ تُفْلِحُونَ﴾ [الجمعة: ١٠]

“And when the prayer is finished, you may disperse through the land, seek the Bounty of Allâh, and remember Allâh frequently that you may be successful.” (62:10)

To frequently remember Allâh ﷻ and supplicate Him is a commendable act at all times, on all